



NSI COUNTDOWN: 9 days, See tips, Page 19

General Moseley addresses 509th, BCC

By Senior Airman Joe Lacdan

Public Affairs

Global strike capability is a necessity for the nation's defense, Gen. T. Michael Moseley Air Force's vice chief of staff told wing members June 2. He said the 509th has a large part in that.

"This (mission) is bigger than any one of us," said General T. Michael Moseley. "This is about a community and this is about a base. It's about the B-2. We're using this airplane more. It has an incredibly unique set of characteristics and some incredibly powerful capabilities.

"We have to be able to hold a set of targets on a global scale. If the president tells us, we need to be able to strike any target at any place. That's what this airplane is all about."

Speaking before an audience of 220 at Mission's End, General Moseley also stressed the importance of the contributions of the 442nd Fighter Wing and joint services. The 442nd supported Operation Iraqi Freedom during a seven-month deployment in 2003.

"We haven't sent fighters to seize and occupy airfields in hostile countries since World War II," The general said. "These guys did it and made it look easy."

He also praised the support of the base community council and community members. Also among the guests was U.S. Representative Ike Skelton of Missouri's 4th District who also spoke at the event.

"That sense of community is so important to us," General Moseley said. "I just want to thank you for that and for opening your homes to our folks. In every way you're serving as a manifestation of why we wear this uniform — why we take the road to defend this constitution is because of communities like you."

The general also reflected on the effects of Operations Iraqi and Enduring Freedom and praised troops serving overseas. He talked about how the War on Terror has changed operations for the Air Force and the importance of joint services.

"Who would have thought four or five years ago (Airmen) would be driving Army trucks in combat?" General



Photo by Senior Airman Joe Lacdan

Gen. T. Michael Moseley, Air Force vice chief of staff, speaks at the Base Community Council luncheon at Mission's End. General Moseley visited Whiteman June 2.

Moseley said. "Who would have thought the Air Force would be doing detainee work and interrogations or that Saddam Hussein would be in jail?"

Finally, the general thanked Whiteman members and community leaders for their service. He also looked ahead to the service's involvement in overseas operations.

"The Air Force is an extremely busy (service)," General Moseley said. "There's an interesting set of challenges for us right now. While we're at war, and while we're taking care of our people, we've got to build this Air Force back. We're the leading edge of deterrence, of that global strike-global mobility equation."

DoD officials push back NSPS release date

By Donna Miles

American Forces Press Service

WASHINGTON (AFP) — The first phase of the Defense Department's new National Security Personnel System has been adjusted slightly, to later in the fiscal year, NSPS officials said June 7.

The Defense Department will work with the Office of Personnel Management

Visit the Air Combat Command Civilian Force Web site at https://www.mil.acc.af.mil/dp/DPC/CivForceDev/Civilian_Force_Dev_elopment_Page.htm

to adjust the proposed NSPS regulation based on public comments and the meet-and-confer process with employee repre-

sentatives, said Mary Lacey, NSPS program executive officer.

These revisions will be published in the Federal Register later this summer, and implementation of NSPS could begin 30 days after the publication.

However, officials stressed that the start date is "event driven" and that implementing instructions must be in place and training must be under way

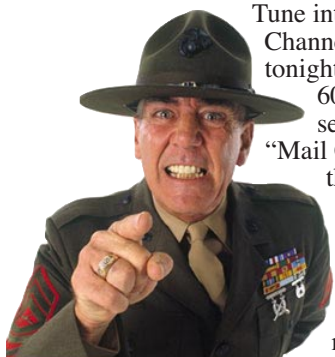
before the system gets rolled out.

Officials had hoped to begin the first phase of the rollout, called Spiral One, July 1, but said all along that the launch date could change.

"That (implementation) date is flexible, because we are not going to implement it until we are ready," said Charles

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Hey maggots!



Tune into the History Channel at 9 p.m. tonight for a special 60-minute presentation of "Mail Call" featuring the B-2 and Whiteman Air Force Base. The show features B-2 aircrews and maintainers. The episode was

filmed here March 28-29.

News in Brief

Military Appreciation Day set

Central Missouri Speedway will be offering discounted \$5 tickets (50 percent off normal price) for active duty, Reserve and Guard members with a valid ID card at the weekly races Saturday. Spouses are also welcome and children under SIX get in free. Hot laps start at 7 p.m. and races begin at 7:30 p.m. with the Street Stocks, 305 Sprints, Limited Late Models and the Mighty Modifieds. This week will include a bonus street stock feature race event. The track is located just four miles North of Warrensburg on Highway 13.

Road closure scheduled

Arnold Avenue is scheduled to be closed June 27 for repairs to that road and Spirit Boulevard. The project will repair Arnold Avenue from Spirit Boulevard to 8th Street by removing existing asphalt and base material and installing new base material and asphalt. The closing will affect the following Bldgs. 530, 527, 30, 33, 35, 36, and 50 as with the access to the parking lot at the commissary access of Arnold Ave.

The contractor will provide a schedule of demolition for limited access to the above facilities. To ensure safety for

all in the construction zone the speed limit shall be 5 miles per hour. The project construction time is planned for eight weeks. For more details, call Gary Hall at 687-6281.

Thrift Shop Summer Sale

The Thrift Shop hosts its summer blowout sale 10 a.m.-3 p.m. June 24 and June 28. All purple tagged items are 50 percent off, except uniforms and collectibles. Quarter items are marked at 2-for 1. The Thrift Shop will be closed during July. For more details, call 563-3910.

'My husband is a drug addict'

By Staff Sgt. Lindsay Thomas
22nd Contracting Squadron

MCCONNELL AIR FORCE BASE, Kan. (AFPN) —

I've said those words many times, yet the sound of them still makes me cringe. I still wonder how any of this could have happened; I ponder how everything could have spun so horribly out of control.

About a year ago, I was pulled out of Airman Leadership School by an Office of Special Investigations agent who informed me that my husband had failed a urinalysis for cocaine. Shocked and troubled, I somehow stumbled back to class distracted by news that seemed unreal and impossible.

And my husband swore to me that it was impossible. He pleaded his innocence, giving me some elaborate story about a trip to the emergency room for kidney stones and a morphine drip that caused him to test positive for cocaine. And I believed him. Why wouldn't I? There were no signs of drug abuse; he didn't match that profile. I never saw drastic mood changes, there was never an issue with money mysteriously disappearing from our bank accounts, and I could always account for where he was.

And as the court-martial grew ever near, the stress became unbearable. I wasn't sleeping; I couldn't concentrate. To be completely honest, I was a basket case. But there was some glimmer of hope, because I believed in justice. I believed that everything would be made right and that if I just stuck through it, there would be a light at the end of this long, dark tunnel.

And then, two weeks before the court-martial, my husband's stories started to contradict one another and he kept backtracking on his stories, grasping for some validity. He was slipping up, and it all began to unravel before him.

And then he said it. "I slipped up," is what he said. "I used cocaine." Dumbfounded, I demanded an explanation, only to hear the horrible stories of cocaine abuse, painkillers that were taken like they were pieces of candy, and the experimentation of every other drug you could imagine.

So, I told him that he needed to do the right thing. It was the hardest and easiest decision I ever had to make. To make a long story short, on our three-year wedding anniversary, my husband pleaded guilty to using cocaine on several occasions, was sentenced to eight months confinement, forfeiture of pay and allowances, reduction to airman basic and a bad conduct discharge. My husband is a drug addict, and his decisions and his disease ruined his life.

But this is just the beginning of the end of this story. You see, my husband's disease touched everyone around him and wrapped its poisonous fingers around them. I was ruined, my children were ruined, our families were ruined, our friends were ruined and the Air Force was ruined.

This experience and his actions left everyone hurt and betrayed. I feel like I gave my soul to love, and it has paid me back in change. Our son, who is two-years-old, resorted to taking a picture of his daddy to bed with him at night in some hapless, desperate effort to be closer to his father. My daughter, who is five-months-old, will not even know the man who is supposed to be her father when he finally gets out of prison.

Now, a heart that is worn and weathered would know better than to fight, but I have decided to wear mine like a weapon. I vowed that this abuse, this addiction that afflicts my husband will NEVER touch my children again, or any-

"I believed him. Why wouldn't I? There were no signs of drug abuse."

— Staff Sgt. Lindsay Thomas
22nd Contracting Squadron

one else, for that matter, if I can help it.

After the court-martial, I was appalled to know that there were many who knew of my husband's addictions. "Why," I pleaded, "didn't you say something? Why didn't you help him?" And I kept getting the same answers. Some said they didn't want the conflict, others stated that it wasn't any of their business, and even others said that they didn't want to intrude on anybody's personal problems.

Well, those answers do not cut it. Those responses are weak and fruitless. We are all members of the Air Force family, and how can we turn our back on one of our own? It

is our responsibility as Air Force members to take a stand and help someone, even if doing the right thing hurts like hell.

If you know someone who has a problem with alcohol or prescription medications or drugs, please, I am begging with you and pleading with you, say something.

As I reflect on the recent events, the answers are all so simple: If you are abusing alcohol, prescription medications or illegal substances, you will eventually get caught and you will pay the ultimate price for your actions. You will be ripped from your family and your home and forced to live in a prison where you can't even walk through a doorway without asking permission.

There is also another answer: We are responsible for our fellow Airmen. You are the key to making the right choice and helping someone before it is too late. And it will be a hard choice to make; we all know that. But the rewards are limitless when you can proudly state that you helped make someone healthy and free of the strangling depths of drugs.

From one generation to the next ... the Air Force is changing

By Maj. Keith Justice

509th Logistics Readiness Squadron

Flexibility is the key to Air Power!

We've heard the phrase through the years, usually mentioned in response to some unexpected change of plans. Whether you've heard it said with conviction or with a tinge of sarcasm when faced with a new challenge, it symbolizes what has made our Airmen the best in the world.

Our service has experienced numerous evolutionary steps, but for our newer Airmen, today's Air Force is the only one they've ever known. For example, an 18-year-old Airman would have been born in either 1986 or 1987. Here are some perspectives from their view that may cause some of us "lifers" to give a double take:

✓ They've only known two Presidents during their lifetime. If they were aware of their world at an early age, they may recall a third President, George Bush Sr.

✓ They were 4 years old when Iraq was forced from Kuwait.

✓ They had not yet reached their teen

years during the Kosovo campaign.

✓ They've never worked with an active-duty Vietnam veteran.

✓ There has always been an Air and Space Expeditionary Force system to manage deployments.

✓ There has always been a B-2 and it has always been expeditionary.

✓ One computer per worker is the norm.

✓ You have always received your LES via MyPay.

✓ They have always received their LES via MyPay.

✓ The Cold War is ancient history. The Soviet Union was a temporary name for Russia.

✓ Quality is a noun, not a program.

✓ A logistics group, transportation squadron, supply squadron and logistics support squadron are unknown organizations to them.

✓ TAC and MAC are unknown acronyms. They've never heard of SAC either, but older supervisors' eyes tear up when recalling prior assignments.

✓ The uniform doesn't change very much.

✓ Most have never filled out an AF Form 988 for leave and handed it in to the orderly room.

✓ There has always been exercise time scheduled during the work week.

✓ A bike test is an alternate method to measure cardio fitness.

✓ We've always been actively engaged in combat with terrorists.

✓ Not every plane requires a pilot.

✓ TRICARE has always managed our medical services.

✓ Promotion rates have always been pretty good.

✓ Everyone has a government travel card.

✓ When attending a retirement ceremony, they've never heard of half the bases listed in the honoree's bio.

Sometimes, we almost forget that our Airmen weren't around when we were moving up the ranks. The assignments, training, Air Force Speciality Codes switches, reorganizations, promotions, deploy-

ments and other events that made up our experiences occurred before their time. We approach work the same way, but the generational differences occasionally surface.

You may find that change comes easier to the younger generations. I mention generations in the plural sense because the traditional 20-year gap is no longer the norm. Generational demographics now change at a faster rate, and what relates to one group may not necessarily relate to another.

Within a relatively short span of time, our Air Force has transformed dramatically. The ink on the pages of our service's history is still wet with new chapters added daily. However, this pace of change is not unique to our profession.

We're a direct reflection of our nation's growth and the dynamics of globalization. As situations change, our flexibility allows us to change along with them to achieve our mission and improve our effectiveness. It's an exciting time to be in the Air Force.

However, there are a few things that

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edited, prepared and provided by the Office of Public Affairs of the 509th Bomb Wing, Whiteman AFB, Mo. All photos in the *Whiteman Spirit* are official U.S. Air Force photos, unless otherwise noted. The Services Page is a supplement to the *Whiteman Spirit* and is provided by the 509th Services Squadron.

The deadline for article submissions to the *Whiteman Spirit* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.

For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.AF.mil or write to us at:

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Air Force to test new utility uniform

By Tech. Sgt. David Jablonski
Air Force Print News

WASHINGTON — Blue and green tiger stripes are out; the digitized pattern with subdued green, tan, blue and gray is in.

After reviewing more than 150,000 bits of feedback throughout the initial seven-month wear test of the proposed utility uniform, Air Force leaders recently decided to eliminate the original color scheme and conduct a limited field test of the new pattern.

Special operations and survival, evasion, resistance and escape Airmen will conduct a limited wear test of the new design at Eglin Air Force Base, Fla., Hurlburt Field, Fla., and Fairchild AFB, Wash., in June.

"The sole purpose of the test will be to see if we can add any features to the uniform to make it a better uniform in the field and to determine if the new colors (and) pattern provide camouflage protection they need in the field," said Senior Master Sgt. Dana Athnos, Air Force uniform board superintendent.

Airmen who participated in the initial wear test stopped wearing the more

vibrant blue-green uniform March 1.

The original wear test involved more than 700 Airmen at 32 bases worldwide who kept detailed daily logs annotating likes, dislikes and wash-and-wear problems. They also completed three surveys.

"Throughout the test, Air Force leaders actively solicited feedback from testers and observers alike to ensure this uniform developed into one that fit the needs of today's Airmen," Sergeant Athnos said.

"There were several avenues for feedback, ensuring that the (Air Force) chief of staff had realistic facts when making the final decision on the uniform," she said.

Those avenues included a survey sent to 45,000 Airmen, a Web site and direct e-mail to the uniform board.

"Some comments were positive, some were negative -- all of them were provided directly to the chief of staff," Sergeant Athnos said.

The uniform is scheduled to be procured in mid-2005, officials said. Airmen can expect to purchase the uniform sometime in fiscal 2007. The proposed uniform will be phased in over four or five years.



Photo by Tech. Sgt. David Jablonski

The latest version of the new Air Force utility uniform features green, tan and blue patterns. The uniform will be tested by special operations and survival, evasion, resistance and escape Airmen.

Welcome to Whiteman



Photo by Airman 1st Class Ryan Wilson

Jennie Moseley, wife of Gen. T. Michael Moseley, Air Force vice chief of staff, is greeted by Col. Chris Miller, 509th Bomb Wing commander, and his wife, Rhonda Miller, on the flight line June 2. Mrs. Moseley attended a B-2 tour, greeted wing members, visited the family support center and the commissary. Mrs. Moseley also attended the Base Community Council luncheon with her husband at Mission's End.

Airman found guilty of drug distribution

Convictions carry lifelong effects

Staff reports

Airman 1st Class Amanda Rosselit, 509th Maintenance Squadron, recently pled guilty to charges of use and distribution of marijuana during a Special Court Martial held here.

While on duty, Airman Rosselit was discovered planning the illegal transaction with an unidentified buyer. She later completed the transaction at a location in Warrensburg. Subsequently, she tested positive for drugs during a random urinalysis sweep of her unit.

During the trial, the prosecution said Airman Rosselit had, through her own misconduct, shown she

was unwilling to live up to the oath she took when she decided to enlist in the Air Force. The prosecution argued to the military judge the Airman should receive a bad conduct discharge to underscore that drug use and distribution cannot be tolerated in the Air Force.

Airman Rosselit was sentenced to four months confinement, a bad conduct discharge, reduction to E-1, and forfeiture of \$823.00 pay per month for four months.

In an unsworn court statement, Airman Rosselit said she regrets her "poor decision making," and apologized to her squadron, her family, and the Air Force, stating that she "never meant to let anyone down." Her defense counsel, speaking on her behalf, stated she accepted responsibility for her actions, understood her wrongs, and understood

that she must be punished.

That punishment will last far longer than the four months of confinement. The former Airman will face the stigma of felony conviction and a bad conduct service characterization that will follow her the rest of her life.

"Some individuals feel that marijuana use is ok, but never stop to think of the consequences," said Capt. Daniel Jones, Whiteman prosecutor. "Airman Rosselit is fortunate that her conduct did not lead to serious health related consequences. However, the legal ramifications will be with her for the rest of her life -- felony convictions and a Bad Conduct Discharge will not be flattering to future job applications. The use of illegal drugs isn't worth a trip to the emergency room or the courtroom. Think before you act."

SARC position established at Whiteman

Staff reports

Whiteman stands up a new position in the wing Tuesday. This position is the sexual assault response coordinator reporting directly to the 509th Bomb Wing vice commander.

Ann Beem was hired as Whiteman's new SARC. She will implement and manage Whiteman's prevention and response program for sexual assaults and other areas of interpersonal violence.

In this role, Ms. Beem will assume supervision of the volunteer victim advocates. The volunteers have given their time to help those in crisis after suffering a sexual or domestic assault. Victim advocates are trained to respond to victim needs, ensure continuity of care and close functional seams between care organizations.

Ms. Beem will also be the 509th BW wingman support coordinator serving as the commander's consultant to institutionalize Air Force Core values in everyday activities. She will develop education, training and communication strategies for the wing, interface with the community advisory information board

and integrated delivery system while also liaising with local community service providers. Her goal is to positively impact potential victims, perpetrators, facilitators, bystanders, and leadership by creating an environment where assaults are rare. In the event that an assault does occur, Ms. Beem will then ensure the victim is seamlessly cared for by all responding agencies.

The SARC is a Department of Defense-directed position to ensure consistency across all the services.

One of the new aspects of this program is a confidentiality portion which prohibits SARCs, victim advocates, specific health care providers, and chaplains from notifying law enforcement personnel of an alleged assault against the victims' wishes. In the event a victim desires confidentiality, this won't prevent them from receiving medical or emotional health care services.

If you become a victim of an assault, you should seek medical help and call law enforcement. If you're uncomfortable calling those agencies, call Ms. Beem at 687-2324 or stop by her office in the family support center, Room 115.

This space is reserved for advertisements



(Editor’s note: Airman Maintenance is an ongoing feature where base support agencies offer advice or counsel and resources on the many issues that can cause Airmen physical, mental and spiritual stress.)

By Capt. Mark Taylor

509th Medical Group

I was prepared to write an article about stress. We all feel it. We all know it. We all have it — work, spouse, kids, bills, laundry, in-laws, deployment . . . However, I realized I couldn’t address any topic (depression, anxiety, stress, etc.) without starting at the beginning. It all begins with attitude!

What is attitude? In the flying world, attitude refers to the orientation or position of an aircraft in relation to something, such as the horizon. However, it originally meant the position or posture of a figure in a painting or statue. Later, those positions and postures came to represent some mental state.

For example, if the statue was leaning toward another, call it an attitude of love. In the 1960s “attitude” developed an attitude — quite antagonistic or uncooperative. Today it has evolved to mean the mental position taken about a fact. Thus, attitude involves our thoughts, our feelings, and our behaviors.

Essentially, it’s our viewpoint about something.

Just as pilots must always be aware of the plane’s attitude, the same is true for our personal attitudes. Pilots learn to be aware of and control the attitude of an aircraft, and each person must learn to be aware of and control their attitude regarding life’s demands and circumstances. Chuck Swindoll has said, “I am convinced that life is 10 percent what happens to me and 90 percent how I react to it.”

How much control do we have over our attitude?

Although we can’t control many of the events in life, attitude is something we do control. The behaviors,

thoughts, beliefs, feelings and attitudes of others can’t be controlled. Missouri weather can’t be controlled (or even predicted!). However, our attitudes are chosen. Life will happen whether we want it to or not, and the way we choose to view life happening makes all the difference in the world.

What difference does attitude make? Imagine a plane flying into the midst of a storm in pitch darkness. What impact does the plane’s attitude have on it and its crew? Everything, if there are hopes of making a safe and calm landing!

Similarly, our attitude helps determine how we weather life’s storms. Our attitude doesn’t necessarily determine when the storms will occur or how the winds will blow, but it does affect how we react to them and how we come out on the other side.

Does your attitude hurt or help you? Not only does attitude determine how we will weather turbulence, it also helps determine how we enjoy life’s gifts. There are two primary lenses through which to look at the world: pessimism and optimism.

Pessimism is going through life expecting the worst. Pessimism is often rationalized by saying it is good preparation for when negative events occur. Consequently, by constantly looking for the next negative event in life, we are guaranteed to find it. The nature of this approach is two-fold; pessimists find the negative events on which they are focused, and they miss the positives aspects of life occurring outside their radar screen. Fortunately, the flipside is also true; when we search for the positive, we tend to find it.

Finally, to compound the nature of attitude, consider how it affects other people. Misery loves company, but most don’t enjoy miserable company.

People with pessimistic attitudes tend to alienate others by focusing on negative character qualities of other people, thus creating a criticizing relationship or environment. However, people with optimistic attitudes tend to focus on others’ positive character qualities. This creates an environ-

“Each person must learn to be aware of their attitude regarding life’s demands.”

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will never change in our service regardless of the date.

They are integrity, service before self and excellence in all we do ... our core values. These values have been our moral compass, pushing us to improve our mission effectiveness while developing our character.

Years from now, we may be watching from the sidelines as retirees. Today's young troops will take the torch as the Air Force's newest generation of leaders. Their uniforms, units,

duty locations, aircraft and processes may seem a little different. What will look familiar is the professional military character of the Airmen. Our obligation is to develop them as skilled, dedicated, open-minded and moral leaders to defend our nation and better our service.

So, is flexibility the key to airpower? You bet!

But more importantly it's the people, flexible people accustomed to change, who truly make it a success.

ATTITUDE, from Page 4

ment of encouragement. Most people prefer the energy of a positive environment and are drawn into relationships with an optimistic person. For example, which relationship is likely to be happier and more fulfilling: The one in which we criticize and highlight the faults of the other person, or the one in which we praise and emphasize the strengths of the other person?

How do I change my attitude? Remember, our attitude is only a viewpoint about something.

Thus, changing our attitude is like putting on new glasses. The facts do not change, but the meaning of the facts do. Instead of viewing the

negatives of a situation, try to find possible positive outcomes. That means asking new questions such as: What can be learned from this event? What character qualities are being developed? What possible opportunities are present? How important will this event be five months, or five years, from now?

For more details on examining or changing your attitude, attend the Healthy Thinking class offered by Life Skills Support Center in the clinic. The class is two sessions at 8:30 a.m.-10 a.m. Wednesdays. Active duty and dependents are welcome. Call 687-4341 for details.

This space is reserved for advertisements

AAFES

“We go where you go”

By Senior Airman Neo Martin
Public Affairs

For more than 100 years, the Army Air Force Exchange Service's mission has supported the U.S. Armed Forces world wide during military operations. AAFES operates more than 3,100 facilities worldwide, in more than 30 countries, five U.S. territories and 50 states. AAFES also operates 160 retail stores and 2,008 fast food restaurants.

Part of the AAFES role is to provide military communities with movie theaters, convenience and specialty stores on installations worldwide, including locations in Operations Enduring and Iraqi Freedom.

One of AAFES' missions is to serve troops deployed in contingency operations. “We are committed to the slogan, ‘We go where you go.’ Nearly 300 AAFES associates are currently working in Iraq and more than 140 are in Kuwait,” Kim Lafferty, Whiteman Base Exchange manager, said.

While deployed, AAFES operates in a variety of permanent structures, pre-fab buildings, trailers, tents and at times on pallets in the sand. In addition, AAFES also supports numerous mobile operations to remote locations in an effort to reach out to as many troops as possible said the AAFES' Web site.

AAFES contingency operations are staffed and operated by AAFES associates on a volunteer basis. Judy McConnell and Melinda Bratton were the first AAFES volunteers to deploy from Whiteman. “The experience I gained you can't explain. It was a fantastic opportunity for me to see another part of the world and give the troops a taste of home away from home,” said Miss Bratton.

Brig. Gen. Toreaser Steele, AAFES vice commander, described AAFES mission as not only to provide goods and services at low prices but also to generate earnings to support local morale, welfare and recreation programs.

“As much as we like to think folks do know that we are a non-profit organization, I surprisingly found it otherwise,” Mrs. Lafferty said.

Roughly 68 percent of AAFES earnings are paid to MWR programs. In the past 10 years, \$2.3 billion has been contributed by AAFES to military MWR programs to spend on quality of life improvements, including: libraries, sports programs, swimming pools, youth activities, tickets and tour services, bowling centers, hobby shops, music programs, outdoor facilities and unit functions. “Last year Whiteman's AAFES contributed to \$367,381 to our community. Every dollar you spend at the BX, you are supporting our community,” Mrs. Lafferty said.

“Whiteman's BX falls into the category of a small family store and I do understand some frustration our customers might experience because of the variety of stock assortment due to our limited floor space,” Mrs. Lafferty said.

However, there is an alternative. The customers can special order merchandise or shop at <http://AAFES.com>. The Web site offers many items that are not available at the store level. Items can also be shuttled between base exchanges without extra cost to the customer.

“We have also set up monthly “meet the manager” sessions to have an opportunity to receive feedback from customers. The sessions are generally scheduled on the last Thursday of every month from 11 a.m. – 1 p.m.,” Mrs. Lafferty said.

The AAFES' Web site simply defines their mission as, “Our vision is simple — to be a valued benefit to the military community.”



Photo by Senior Airman Neo Martin

Melinda Bratton, Army and Air Force Exchange Service employee, verifies a delivery from Steve Wilson, AAFES vendor, at the shoppette. Miss. Bratton is one of five AAFES employees from Whiteman who has volunteered to deploy in support of contingency operations. AAFES provides military communities with base exchanges, shoppettes, specialty stores and movie theaters on installations worldwide, including deployed locations supporting Operations Enduring and Iraqi Freedom.



Photo by Airman 1st Class Ryan Wilson

Ali Ryczek, Army and Air Force Exchange Service employee, arranges flowers on display for sale at the base exchange. Worldwide, AAFES employs more than 45,000. Approximately 25 percent of all AAFES employees are military family members.



Photo by Senior Airman Neo Martin

AAFES offers gift cards and certificates on line, at <http://www.AAFES.com>, that can be sent to deployed troops.



Photo by Airman 1st Class Ryan Wilson

Mike Davis, , Army and Air Force Exchange Service employee, uses a pallet jack to unload a truck. In 2004, AAFES offered more than 25,000 items at more than 3,100 facilities in more than 30 countries.

Army and Air Force Exchange Service role in 110 years of military history

1800s
1895: The War Department issued General Order number 46 directing commanders to establish an exchange at every post, where practical.

1910s
1917: The first real test of the Post Exchange system came when the United States entered World War I. The American Expeditionary Forces landed in France. Exchanges were unable to meet the needs of the greatly expanded Army.

1918: After the World War I, the secretary of war sent a committee to Europe to report on the morale conditions of the American forces.

1919: The committee provided a report of its study and recommended the Army provides its own system for furnishing morale and canteen activities to the troops.

1920s
1921: The first centralization of post exchanges set up in Hawaii took at Schofield Barracks.

1930s
1939: Lessons learned from our experience in World War I, providing service to the largest U.S. force deployed to that date, led to developments and improvements.

1940s
1941: The Army Exchange Service was nearly six months old and undergoing organizational changes when the

U.S. officially entered World War II. Serving those who serve became the mission of the AES as military operations expanded in Europe, the Pacific and back home. “We go where you go” became a reality.

1942: As the number of Soldiers fighting in the war increased, supplying them worldwide became the most immediate challenge. At some locations, exchanges were restricted to selling articles of convenience and necessity. Following the end of hostilities in Europe, the AES stayed behind providing continual support to the occupation forces. Nearly 80 new exchanges were required to supply the immediate needs of the Soldiers and their dependents.

1950s
1950: Four years after the Korean Conflict began regional offices were introduced in the U.S. and six years later worldwide fiscal integration would be effected. The reorganized Army and Air Force Exchange Service sought to improve service in Korea through Vietnam.

1952: Mobile exchanges began operating extensively in Korea when 18 converted buses were assigned to the forward areas for the 8th Army.

1954: Operations began in Spain, Netherlands and Italy.

1960s
1965: The exchanges were faced with the problem of setting up and operating food outlets to serve the troops with American foods in Vietnam. Training local nationals with

food preparation and sanitation was complicated with the technical problems of storage and refrigerated food transportation because of the hot, Vietnamese climate.

1970s
1972: With the announcement of a major escalation in the rate of troop withdrawals in Vietnam, immediate action was taken to stop the flow of goods and led to the deactivation of the Vietnam exchanges.

1973: The Vietnam regional exchange entered the area of post redeployment. From this time until 1975, operations were carried out somewhat routinely.

1975: Behind the scenes, merchandise and equipment were being shipped out of Vietnam. Up until the final withdrawal day, the exchange provided support. The final associates were hastily evacuated April 29.

1980s
1981: After the inauguration of President Reagan, 52 hostages held in Iran were freed. AAFES was involved in preparing for their return; hanging “Welcome Home” banners and getting the retail store and food court in Wiesbaden, Germany, ready for their visit. AAFES associates prepared for everything, knowing it was in their stores the hostages would receive their first haircut, first hamburger, or first cigarette since their release after 444 days of captivity.

1989: The AAFES family supported Operation Just Cause in Panama, which served as a rehearsal for the chal-

lenges ahead in the Middle East.

1990s
1990: Operation Desert Storm became the largest deployment of U.S. Forces since World War II. Operation Desert Shield tested the efficiency of a centralized, worldwide exchange system for the Army and Air Force.

1991: AAFES associates experienced their first bomb attack on Jan. 16. The next day, Operation Desert Shield became Desert Storm. Hostilities ceased Feb. 27, and Army Central Command re-requested a PX be established within Kuwait City. This became an important morale booster to Soldiers. AAFES operated the only store in the whole country of Kuwait

Mt. Pinatubo erupted for the first time in 600 years in the Philippines, destroying Clark Air Base. AAFES provided evacuation support at U.S. points of entry and in Guam when 18,000 evacuees arrived at Andersen Air Force Base. In Okinawa, AAFES set up tactical field exchanges in tents at the initial evacuee reception point for clearing customs and immigration. Total damages suffered by AAFES were more than \$13 million.

1992: Provided support in Operations Restore Hope and Continued Hope in Mogadishu, Somalia.

1993: Deployed to Skopje, Macedonia, in support of Operation Able Sentry.

1994: AAFES-Europe set up a tactical field exchange in

Entebbe, Uganda to support military personnel assisting the influx of refugees.

AAFES and DeCA team up to support over 20,000 American troops deployed to Haiti during Operation Uphold Democracy.

1995: Opened exchanges in Hungary followed by a unit to the Sava River to support troops in Bosnia. AAFES operated facilities in Croatia, Hungary, Bosnia and Herzegovina during Operation Joint Endeavor.

1996: AAFES prepared to support 20,000 U.S. troops sent to Bosnia. Through snow, ice and mud, AAFES transformed, in record time, the desolate sites into a series of retail site.

1996: [Http://www.AAFES.com](http://www.AAFES.com) was implemented.

1998: Supported troops in Saudi and Kuwait taking part in Operation Desert Thunder.

2000s
2000: The Military STAR Card implemented

2001: Brought relief to rescue operations at the Pentagon and the World Trade Center. By December 2002, AAFES had 32 stores serving troops in Operation Enduring Freedom.

2002: AAFES Tactical Field Exchanges supported more than 7,000 key personnel at the 2002 Winter Olympics in Salt Lake City, Utah.

Responded to an urgent request by Fifth Army Logistics

to deploy its services to support the more than 1,200 soldiers and firefighters fighting fires in the northwest United States

2003: By the time coalition forces crossed into Iraq, AAFES had 23 stores in the staging areas. AAFES also followed the troops into Iraq, opening its first store at Tallil Air Base on April 9 — before Baghdad fell.

2004: The National Retail Federation awarded AAFES the American Spirit Award to recognizing exceptional achievement in supporting our troops in OIF and OEF.

AAFES opened the first indoor movie theater for troops in Balad, Iraq.

2005: Opened a bazaar at Camp Liberty, Iraq on Jan.

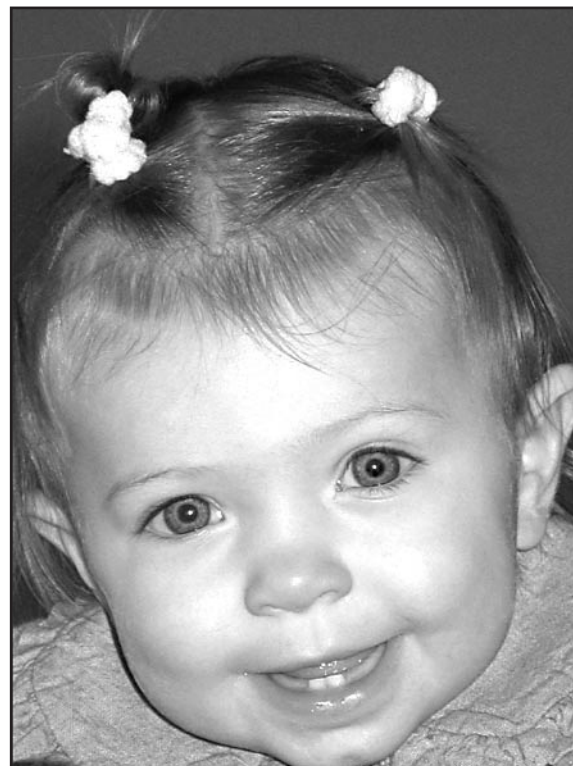
Troops serving in Operations Enduring and Iraqi Freedom have access to communication tools that most veterans, only 10 years ago, could have only dreamed about. A limited number of tax-subsidized minutes are made available to troops for free morale phone calls each month, the internet offers instant chat and email.

Sarah Latona became the first Army and Air Force Exchange Service associate in its 109-year history to receive the Defense of Freedom Medal. The civilian equivalent of the military's Purple Heart, the Defense of Freedom Medal honors civilian employees of the Department of Defense injured or killed in the line of duty.

For the complete historical account of AAFES in the military, visit <http://www.AFEES.com>.

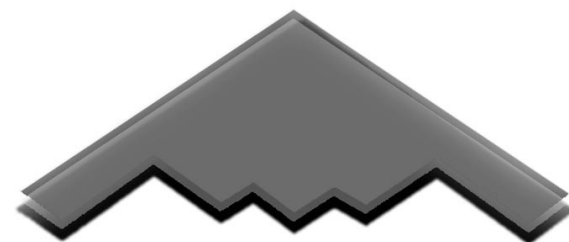
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Beautiful Girl



Courtesy photo

Rachel Myers, daughter of Capt. Michael and Angela Myers, 509th Maintenance Operations Squadron, is the Tantalizing Toddler photo contest winner. The contest was sponsored by the community center.



Spirit Spotlights

... on **Staff Sgt. Rebecca Logan, Senior Master Sgt. Michael Klintworth, and David Dye** for winning the Air Force Air Traffic System evaluation performance excellence awards.

... on **Airmen 1st class Stacie Heupel, Derek Greaves, and Sharla Fossen; Staff Sgts. William Baumgarten, Brett Tillman, Robert Kidd, Fabrice Bazilme, and Christopher Ralston; Master Sgts. Vince Marler and Curtis Crowley; Senior Master Sgt. Courtney Davis; 1st Lt. Jimmy West; and Capt. Anthony Salvatore** for being named outstanding performers during the Air Force air traffic system evaluation.

The evaluation assessed the quality, adequacy and safety of the air traffic system supporting flying operations at Whiteman. It included: an evaluation of air traffic system capability; air traffic and flight procedures; air traffic control; airfield management; terminal instrument procedures; airspace; air traffic control and landing systems support; and civil engineering support. The inspection team noted that Whiteman's air traffic system is providing exceptional airfield operations services to the 509th Bomb Wing.

**Airmen Against Drunk Driving
Call 687-RIDE or
877-518-6802**

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Education

For more details, visit the education center Web site at <https://wwwmil.whiteman.af.mil/509mss/educ/homepage.htm>

AF Aid Society sponsors class

The Air Force Aid Society is sponsoring a Microsoft Office class for spouses of active duty Air Force personnel to help them improve job skills.

The class is designed for people with little or no experience in Microsoft Office. Classes take place 6:30-9:30 p.m. Wednesdays at the State Fair Community College computer lab in the base education center. The five-week class is limited to 10 people.

For more details or to register, call the Family Support Center at 687-7132.

Community

MOAA meeting set

The Spirit Chapter of Military Officers Association of America meets at noon June 21 at Mission's End. The speaker is Lt. Col. Chuck Douglass, 509th Security Forces Squadron commander. He will discuss his recent deployment to Iraq.

All military officers and spouses, active and retired, are invited. To R.S.V.P. or for more details, call Janet Allen at 660-747-3634.

Family Support

Call 687-7132 for more details on these events or other family support center activities. Events take place at the FSC.

Pre-retirement briefing set

A pre-retirement briefing for people retiring from the military begins at 8 a.m. Monday. For more information, call the MPF at 687-1500 or 6720.

FSC offers financial refresher

A financial briefing for senior airmen and below not attending the First-Term Airmen Center begins at 1 p.m. Monday. Reservations are required.

Class helps new parents

Expectant parents can gain information and resources at the Bundles for Babies class at 8 a.m. Tuesday. Participants will receive free Time Life books and layette bundles. Reservations are required.

WIC representative visits base

A WIC representative is available beginning at 8:30 a.m. Tuesday and Thursday.

WIC includes nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs.

For more details, call the WIC office in Warrensburg at 747-2012.

Pre-deployment briefing set

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend.

Class helps with move

A mandatory smooth move seminar for people planning to move overseas in the near future begins at 1 p.m. Thursday.

Facilitators will discuss the financial benefits associated with moving and provide a variety of useful resources. PCS orders are not necessary. Spouses are encouraged to attend. Reservations are required.

NSPS, from Page 1

Abell, principal deputy under secretary of defense for personnel and readiness.

NSPS officials said the labor relations part of the program is now expected to begin by September, followed by the performance management element of the human resources system early in fiscal 2006.

All civilian employees will receive the 2006 general pay increase before the pay-for-performance provisions of NSPS begin, DoD officials said.

Spiral One, which will initially affect 60,000 employees, will eventually include about 300,000 U.S.-based Army, Navy, Air Force and DoD-agency civilian employees and managers.

After that, the system will be introduced incrementally over the next two or

three years until all 700,000 eligible DoD civilian employees eligible are included, officials said. The system will be upgraded and improved as it goes forward, they said.

The National Security Personnel System is one of Defense Secretary Donald Rumsfeld's key initiatives designed to transform DoD operations to better meet 21st-century needs. It replaces an outmoded, 50-year-old civilian personnel management system that had rewarded employees for longevity, he said.

Instead, the new system incorporates a performance-based pay system in tandem with a restructuring of the civilian work force to better support department missions.

Advertise in the Whiteman Spirit



Photos by Airman 1st Class Michelle Bagalawis

Time to relax

The reflexology team will be meeting and building a reflexology path during the Blind Boone Festival at 10 a.m.- 7:30 p.m. Saturday at Boone Park in Warrensburg. Reflexology is a technique in which pressure is applied to specific points on the feet and hands to promote relaxation and overall health. For more information about the Blind Boone Festival, visit <http://blindboonepark.org>. For more details about reflexology, visit <http://www.reflexology.org>.

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PRP attention PRP attention PRP

PRP attention PRP

PRP

Members on the Personnel Reliability Program must report to the PRP office before proceeding to any scheduled appointment at the clinic. For more details, call 687-4299.

PRP attention PRP

PRP attention PRP attention PRP

Got news?

Call

687-6133

NSI information of the week

(Editor's note: The 509th Bomb Wing Plans and Programs Office will provide tips and other information to help 509ers prepare for the Nuclear Surety Inspection June 20-24. This week's topic is the personnel reliability program. Read future issues of the Whiteman Spirit for more helpful information.)

Nuclear Surety Programs will be inspected at the wing and squadron level by the Air Combat Command Inspector

General teams. Safety inspections will include:

- ✓ Compliance with the two-person rule.
- ✓ Compliance with safety requirements and precautions specified in directives in the areas of weapons handling, assembly, maintenance, storage operations, logistical movements, explosive safety standards and weapons systems safety rules.
- ✓ Nuclear Surety Program — Evaluate compliance, programs and management per Air Force Instruction 90-101, Air Force Nuclear Weapons Surety Program.
- ✓ Unit fire prevention programs, practices, procedures and overall implementation.

So what does this mean?

- ✓ It means people who are on Personnel Reliability Program status may be given a Nuclear Surety test by the IG team.
- ✓ It may mean brushing up on squadron nuclear surety and safety programs. It also provides an everyday focus for nuclear safety through diligent procedures dealing with weapons and programs. "Finally, we need to show our superior abilities during exercises, task evaluations and as they review our programs. One of most important aspects of this inspection is displaying our winning positive attitude throughout the wing nuclear surety inspection process," said Maj. Alan Miller, 509th BW Plans and Programs Office.

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Photo by Airman 1st Class Jason Burton

Start your engines

More than 60 participants prepare to start the second annual “Scramble for Freedom” golf tournament Sunday at Royal Oaks Golf Course. The event, which is sponsored by the West Central Missouri Veterans Assistance League, raised almost \$4,000 dollars for the Warrensburg Veterans home.

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High steppin’

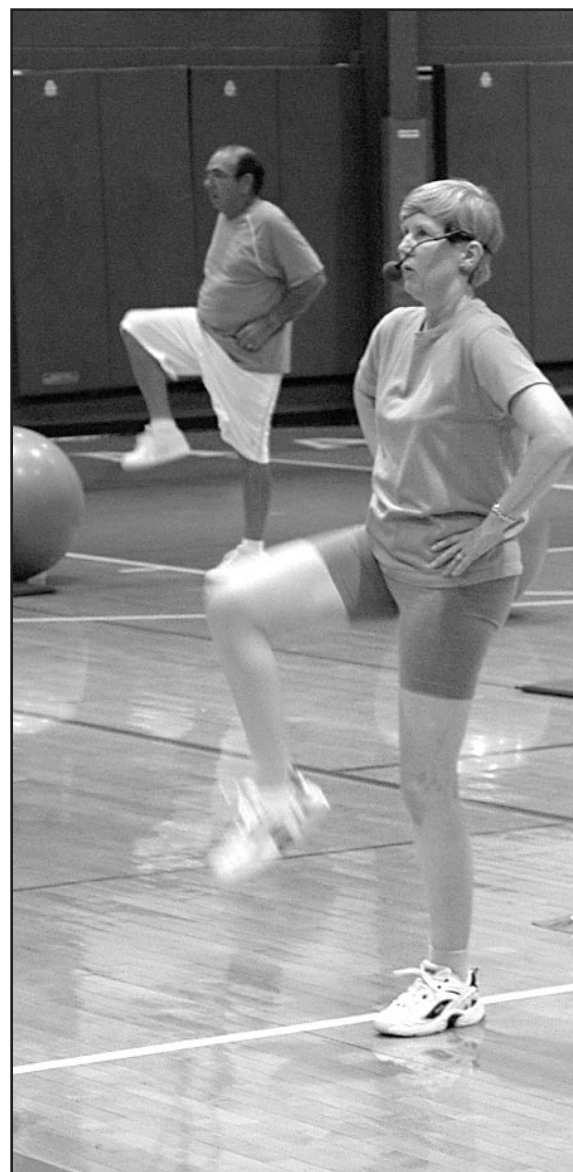


Photo by Senior Airman Neo Martin

Babs McNeel, fitness instructor, leads an extreme fitness class during warm ups. Extreme fitness is a total body workout using fat and carbohydrate energy systems for fuel that can be tailored for any fitness level. For more details about programs offered by the fitness center, call 687-5496.

Aerobics schedule

Monday — 5:15 p.m. Core Strength, 6:15 p.m. Yoga, and 8 p.m. Cardio Kickbox

Tuesday — 9 a.m. Pilates, 11:30 Extreme Fitness, 4:30 p.m. Cycling, and 8 p.m. Turbo Kick

Wednesday — 5:15 p.m. Core Strength, and 8 p.m. instructors Choice

Thursday — 9 a.m. Pilates, 11:30 a.m. Extreme Fitness, 4:30 p.m. Cycling, and 8 p.m. Cardio Kickbox



Services Page editor.....Poppy Arthurton
509th Services Squadron.....687-7929
*No federal endorsement of mentioned sponsors intended.

Sports & Recreation

Outdoor Recreation 687-5565

Base community pool party

All members of the base community are invited to attend the pool party this evening from 6-10 p.m. to celebrate the beginning of the pool season. There will be swimming, food, games and music.

50-mile bike ride

Cycle 50 miles along the Katy trail from Hartsburg, Mo., to McKittrick, Mo. The bus will leave at 7 a.m. June 18 from outdoor recreation. Participants should bring their bike, helmet, water and a repair kit. Outdoor recreation will provide bikes and helmets free of charge if necessary. The cost of \$15 includes lunch and transportation. Cyclists should bring money for dinner in Hermann, Mo., after the ride. The Base Level Cycling program rewards riders for the amount of miles completed. Call outdoor recreation for further information.

Family rafting adventure

Spend a weekend rafting at the Air Force Academy in Colorado Springs, Co. The bus leaves at 7 a.m. July 22 from outdoor recreation. The trip costs \$100 per person. Children must be over 7 years old and weigh at least 50 pounds. The cost includes camping equipment, rafting trip, dinner on July 23 and transportation. Extra money should be brought for snacks, souvenirs and additional meals. Sign up by July 1. Call outdoor recreation for further information.

Fitness Center 687-5496

Resale items

Gym goers no longer have to worry about a forgotten towel or sock as the fitness center is now selling a number of essential items. This includes towels-\$2, headphones-\$3.50, combo locks-\$5 and socks-\$2.75.

Women's locker room closure

The women's locker room is closed for renovation. Access to the pool's daily use lockers and showers is available during normal pool hours and 6 a.m.-8 a.m. Monday to Friday. We apologize for any inconvenience this will cause. For more details, please contact fitness center staff.

Whiteman Triathlon

Keep training for the June 18 Whiteman Triathlon. The triathlon includes swimming 430 meters, a 10K bike ride and a 5K run. There are male and female individual open divisions and team divisions. Teams can be co-ed and must have a swimmer, runner and cyclist. Sign up by Wednesday.

Tickets and Travel 687-5643

Armed Forces vacation club

Eligible Department of Defense members have space-available access to more than 3,500 resorts in more than 80 countries. Condos are available from \$264 a week. Visit <http://www.afvclub.com> for availability and call 800-724-9988 for reservations (state installation No. 255). Call tickets and travel for terms and conditions.

Royal Oaks Golf Course 687-5573

Red, white and blue scramble

The Royal Oaks four-person scramble shotgun starts at 9 a.m. July 4. The cost is \$20 per person plus cart and greens fee.

Food & Fun

Stars and Strikes 687-5114

Bowl for the Stars and Strikes

Earn prizes all summer with the Stars and Strikes. Request a punch card and fill it up with each purchase of a game or large drink. There are monthly drawings and a grand prize of \$500. Ask the bowling staff for more details.

Mission's End 687-4422

ACC \$1 dinner

Club members can eat dinner for \$1, 5-7 p.m. June 17. The menu includes hamburgers, hot dogs, baked beans, salads and dessert.

Country night

Impress with your line dancing skills at the next country

Community Activities

Skills Development Center 687-5691

Children's summer art program

The skills development center is offering the perfect summer activity for children ages 7-11. Art classes will be held 9-11 a.m. Thursdays for the next five weeks. The cost per session is \$10. The program will cover drawing, painting and sculpture. Call skills development to sign up.

Pottery class

The skills development center is offering a number of three-session pottery classes. The next class runs 9-11 a.m. tomorrow, June 18 and 25. The cost is \$30 and does not include supplies. Call skills development for further information.

Stained glass kaleidoscope class

Everyone is welcome at this class to create a stained glass kaleidoscope. The class takes place 1-3 p.m. this Wednesday, June 22 and 29 at the skills development center. The cost is \$10 and does not include supplies. Sign up by Tuesday.

Rock painting class

Make an animal out of a rock. The first session is 3-5 p.m. Thursday, the next is June 23. The cost of \$20 includes supplies. Call skills development to sign up.

Teen Center 687-5819

Open recreation

Fourth-seventh grades can take part in a variety of afternoon activities at the teen center. The sessions run Wednesday-Friday and June 27-30. A full calendar of events is available at the teen center. Participants must have a completed form 88 on file to take part.

Supersplash USA

There will be an outing for teens to the water park in Kansas City, Mo., leaving at 8 a.m. June 25. The cost is \$12, teens should bring extra money for food. Places are limited so sign up early.

Youth Center 687-5586

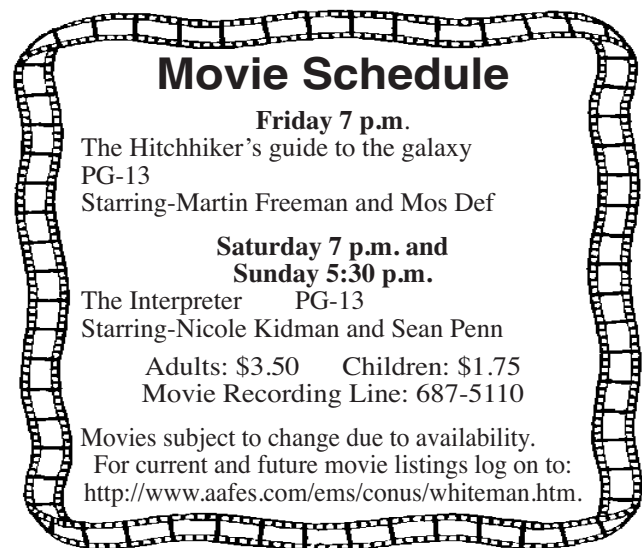
Magic Show

Eldon Roark is putting on a magic show at the youth center for kindergarten-twelfth graders. The show starts at 1 p.m. June 22 in the youth center. This is a free event, sign up now. Children under 9 years old must be accompanied by an adult.

Summer part-day camp

Grades four-seven can take part in the youth center summer camps. There will be two camps, youths can sign up for as many as they like. The camps run from 11:15 a.m.-5 p.m. June 20-23 and June 27-30. Starting each day

night at Mission's End. There will be a country and western DJ from 8 p.m.-midnight. June 24.



at the teen center, youths will participate in activities such as bowling, swimming, field trips and art. The cost is \$30 per camp for members and \$35 for nonmembers, which includes lunch and activities. Payment is due at time of registration at the youth center.

Community Center 687-5617

Water balloon wars

Moms can bring the children along for an afternoon of fun, games and drenching. Beginning at 2 p.m. Saturday on the community center lawn, there will be a variety of water balloon games. Prizes will be given.

Make a Father's Day gift!

Children ages 5-10 can make a card and gift for Father's Day at 3 p.m. June 18 at the community center. Children should bring a 3-by-4 inch photograph of themselves which they will then make and decorate a frame for. Children can also make "Do it for Dad" coupons. Participants must be accompanied by an adult.

Family Child Care 687-1180

Base residents

Quality child care for military families is an important concern. Guidelines in Air Force Instruction 34-276, Family Child Care Programs, requires anyone providing in-home child care, for 10 hours or more a week on a regular basis, to be licensed. If you are currently unlicensed, you must cease care and apply for a family child care license. Call for more details.

Library 687-6217

Summer reading program

It's not too late to join the summer reading program. Children from birth to 18 years old can take part by picking up a registration pack from the library and keeping a log of pages read. Readers can win prizes throughout the summer depending on the number of pages read. Children who are not yet reading can join the "Little Listeners" program and take part by being read to. Call or stop by the library for more information.

Veterinary Clinic 687-2667

Microchip clinic

Microchipping provides pets with a permanent form of identification via a unique code number that cannot be altered or lost. Unlike a tattoo which can fade or a identification tag which can fall off. The implantation procedure is simple and similar to administering a vaccine. A microchip can save a pet's life and owners can rest assured that they have done all they can to properly identify their pet. The vet clinic is offering a microchip clinic June 17 from 9:30 a.m.-2:30 p.m. The cost is \$13.50 per pet. Call or stop by to schedule an appointment.